







Centre of Creative Arts (COCA)









For more information on programs near you phone 1300 135 886 or visitmulticap.org.au/coca

Brisbane • Gold Coast/Tweed Heads • Sunshine Coast • Central/North Queensland • South West Queensland • Logan/Redlands MULTICAP HEAD OFFICE 269 Padstow Road, Eight Mile Plains QLD 4113

all ways.**always**



What is COCA?

Multicap's Centre of Creative Art (COCA) is an active program that offers people experiencing disability opportunities to develop their creative abilities and potential.

The program features a variety of visual, tactile and performing arts modules facilitated by professional artists in community hubs throughout Queensland.

COCA promotes the work of artists with complex needs that is integral to the artistic and cultural life of Australia. This is achieved by setting up pathways from arts training to social enterprise, encouraging participants to work independently and collaborate with others.

Find your nearest COCA class by going online at multicap.org.au/coca



Theatre

Perform in front of an audience or be filmed. Participants develop techniques in expressing ideas physically and writing their own short work. Performers will interact with each other and develop social bonds.



Public Art

Participants are guided as part of a team, to create large scale artworks that will be installed in public spaces such as festivals, public buildings and parks.



Textiles

Develop skills in macrame, weaving, hand sewing and fabric sculptures. Participants create individual items such as cushions, bags and jewellery and can also work in a group to design and produce large pieces for public spaces.



Performance Poetry Develop written skills and use words and actions to express emotions and feelings. Creating compositions and contributing to group ideas and performance helps gain confidence in stagecraft and collaboration.

Eco-Arts

outside.

Use fine motor skills to

create sculptural work

and ecological issues

in community while

awareness of environmental

developing beautiful spaces

for customers and visitors

to relax and enjoy art work

for gardens. Boost



Creative Sound

Experiment with objects and record a range of sounds which can form the basis for compositions and soundscapes. Sounds are recorded and looped to develop rhythm and patterns. A final recording and edit of these compositions is available for download at the end of the 12 weeks.

Creative Movement

Develop flexibility, rhythm and performance skills. Participants use their body to express emotions and communicate ideas and feelings in a structured program. This includes improvisation, responding to music and documenting each other using video.





Painting

Focus on acrylic and watercolour compositions on paper and canvas. Participants develop their own style and learn techniques of framing, writing artist statements, pricing work and installing work in galleries and other exhibition spaces.



Choir

Work as a team in the development of your favourite songs and writing your own compositions. The group learns skills in stagecraft and performing to an audience at public events.



Ceramics

Experience a range of clay experiences from coil pots and slab tiles to handmade sculptures and jewellery. Participants learn decorating and glazing techniques and observe the firing process in a supportive environment.



Printing

A great entry module for beginners to get used to using paints and dyes on paper and fabric. Participants experiment with vegetable and paper prints and advance to using printing foam and silk screens creating useful and decorative items for their rooms.



Collage

Suitable for all skill levels, participants devise compositions using images, coloured paper and recycled prints. This can then become 3D sculptures and objects.



Creative Writing

This module can be a stand alone or combined with other modules. Participants devise their own stories based on stimulus such as photos or their own lives. These stories are used to create 'zines' and short compositions which can be illustrated.