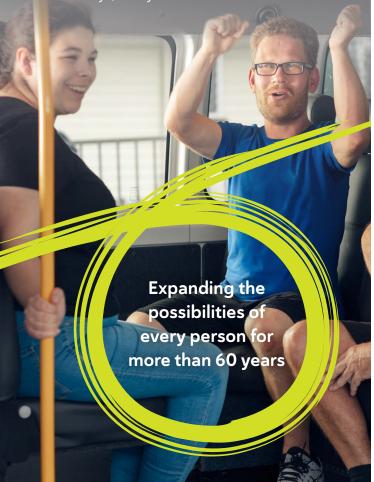
### Here to help since 1962

From humble beginnings, five Brisbane families needing support for their young children with complex needs established Multicap. Over the past six decades, Multicap has grown and evolved with its foundation families into an organisation with a broad service offering.

Today, our services reach over 1,700 people throughout Queensland and New South Wales and Victoria. We're committed to being here for our customers in all ways, always.



#### **OUR PURPOSE**

The quality of life of people with disabilities and their families is enhanced by our support.

#### **OUR VALUES**

**Always** empowering **Always** respecting **Always** connecting **Always** creating

For more information on our services, phone 1300 135 886 or scan to visit multicap.org.au





1300 135 886











Connecting you to your community





## Participate in social and community activities

Everyone has different strengths, interests and goals. That's why at Multicap, we can tailor your community access support to ensure you connect to your community of choice and explore activities that appeal to you.

We provide you with the support you need to overcome any barriers to stay connected to friends and family, meet new people, and pursue hobbies and interests.

### **Benefits**

Community access support is all about connecting you to others and encouraging participation in activities, to enable you to feel included and improve your quality of life. Some of the benefits are:



Feel included - avoid isolation or loneliness



Learn skills



Increase confidence



Develop independence



Stay fit and active





# Tailored to your goals

Your Multicap support worker will take the time to understand your needs and aspirations, providing support and encouragement each step of the way.

Multicap offers support depending on your unique situation and goals, such as:

- · Venture out into the community
- · Catch public transport
- · Participate in hobbies and activities
- Discover new life skills
- · Sport, recreation, fitness
- · Visit family and friends
- · Access education and employment

...and so much more!

We also support small groups of like-minded people or sibling groups to engage in social activities together.

Whatever your goals are, we are committed to supporting you to reach your potential.