



2025 Old Petrie Town Hub Activity Program 2 Catalogue

2025 Old Petrie Town Hub Activity Program 1 Catalogue

Welcome to our Hub Activity Program! We are pleased to have you join us for activities at the [Petrie] Hub, and we hope you enjoy what we have in store.

Our 12-week Hub programs are designed to offer you structure and consistency, with a focus on outcomes. When making your activity selections, you will be signing up and committing to a complete 12-week program for each day you attend the Hub.

This allows you to fully develop your skills, more opportunity to see progress and reach your goals, and have a sense of completion at the end of the 12-week program. It also helps you develop stronger connections with other customers and gain more substantial outcomes than one-off activities.

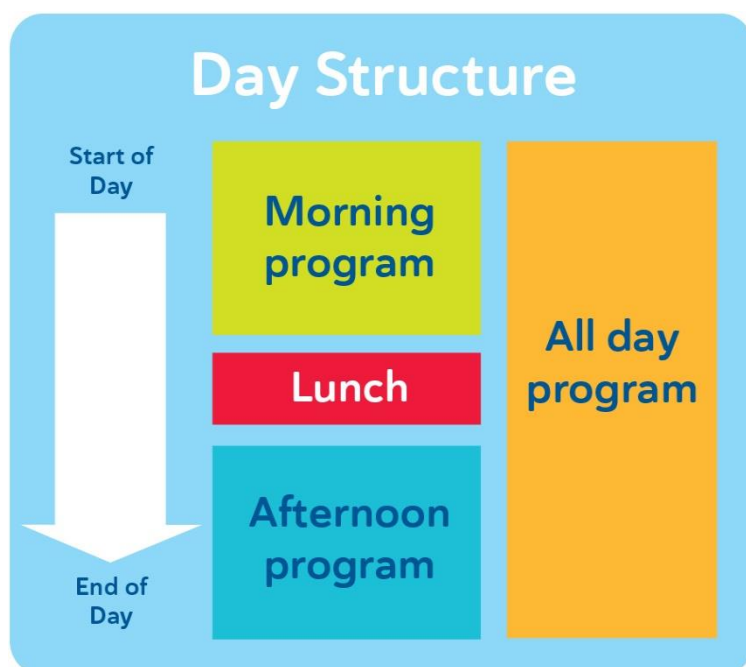
At the end of each program, you have a chance to demonstrate your new skills with two showcase weeks in July and December. The showcase weeks give you the opportunity to do a one-off activity that displays your new skills or goal achievements.

How it works

- For each day you attend the Hub, choose one activity for the morning and one activity for the afternoon, or a full day activity where available.

As you are committing to that specific activity for 12 weeks (i.e. Sailing every Monday, cooking every Tuesday morning and games every Tuesday afternoon), please make sure the activities you choose are ones that align well with your NDIS goals, or are activities you are passionate about.

- Tick the program you wish to be registered into as outlined below and either phone through your choices to Leanne Hilton 0423 044 848 or return it to leanne.hilton@multicap.org.au by Friday 28th February 2025
- Program allocation is based on first-come, first-served; so, make sure you get your selections in fast! If you need help to complete the form, please call us on Leanne Hilton 0423 044 848.
- A confirmation letter will be sent to you with the activities you are participating in.
- If your chosen activity is at capacity, we will phone you and see if you would like to be placed in an alternative activity or increase your level of support to be able to participate. We are unable to permit changes to your activity program once confirmed due to group-based scheduling. If you do not wish to participate in an activity you have selected, please contact Leanne Hilton 0423 044 848.
















Hub Activity Program Goal Reference Guide










To support you in being able to identify activities in the Program Catalogue that will support you to achieve your individual goals we have added an icon/s to each activity so you can easily identify what core goals the activity is designed to support you to achieve.

A maximum of 3 core goals can be shown even though some activities may support you to achieve more than 3 goals. Those identified are the core goals that the activity supports.







If you are unsure of what goal an icon relates to then please refer to the below list which will allow you to identify the related goal and icon.

Icon	Goal
	Improve physical health & wellbeing
	Improve emotional health & wellbeing
	Develop social skills & understanding
	Build independence
	Improve fine motor skills
	Explore creative pursuits
	Sensory Experience/Exploration
	Adventure & Recreation Experience/Exploration
	Improve communication skills
	Integrate/Participate in the local community
	Develop skills to support future employment
	Develop advocacy skills & understanding
	Develop numeracy and literacy skills








Monday Activities

MONDAY Morning – Choose One			 chosen activity
	<h2>Café Surfing</h2> <p>Visit different cafes around our local area and enjoy a coffee and a chat with friends.</p> <p>Increase your independence by choosing and ordering your coffee at the store.</p> <p>Goals to achieve:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Develop social skills & understanding </div> <div style="text-align: center;">  Improve emotional health & wellbeing </div> <div style="text-align: center;">  Develop numeracy and literacy skills </div> </div>	<p>Own Money for drink \$\$\$</p>	
	<h2>Snap & Create</h2> <p>Unleash your creativity in this 12 week Photography and Scrapbooking program!</p> <p>In the first 6 weeks, we'll visit stunning location, learning the art of capturing the perfect photo. Then we will bring those moments to life by crafting a personal scrapbook, turning memories into a keep safe.</p> <p>Goals to achieve:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Explore creative pursuits </div> <div style="text-align: center;">  Integrate/ Participate in the local community </div> <div style="text-align: center;">  Improve fine motor skills </div> </div>	<p>\$5</p>	







AND

MONDAY Afternoon – Choose One			✓ chosen activity
	<p>Bunnings DIY Classes</p> <p>What will we Make This Week? Join the fantastic Bunnings Crew to create DIY Masterpieces. Paint, Drill, Plant, Cut, Glue – the list is endless!</p> <p>Goals to achieve:</p>		No cost
	 Integrate/Participate in the local community	 Explore creative pursuits	
	<p>Karaoke</p> <p>Its Karaoke Time. Get your singing voice ready to sing along to your favorite song. Enjoying the afternoon singing and dancing to the juke box</p> <p>Goals to achieve:</p>		No cost
	 Develop social skills & understanding	 Improve emotional health & wellbeing	

Tuesday Activities

TUESDAY Morning – Choose One			 chosen activity
	<h2>ASDAN Cooking</h2> <p>Become more independent in the kitchen. Learn the skills of cutting, slicing grilling, frying and reading a recipe of your choice. Member will cook a meal and sit down together and enjoy their cooking experience.</p> <p>Goals to achieve:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Build independence </div> <div style="text-align: center;">  Sensory Experience/Exploration </div> <div style="text-align: center;">  Improve emotional health & wellbeing </div> </div>	<p style="text-align: center;">\$12 <i>Including ASDAN Fee</i></p> <p style="text-align: center;">or</p> <p style="text-align: center;">\$10 for existing Asdan Participants</p>	
	<h2>Coca Dance</h2> <p>This is your chance to get up and boogie in a fun creative series of workshops. Use movement and music to express yourself as part of a group. A specialist Dance and Movement Facilitator will guide you once a week for 12 weeks to be more confident in expressing yourself and experimenting with choreography for your own dance moves.</p> <p>Goals to achieve:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Improve physical health & wellbeing </div> <div style="text-align: center;">  Develop social skills & understanding </div> <div style="text-align: center;">  Explore creative pursuits </div> </div>	<p style="text-align: center;">No Cost</p>	

AND

<p>TUESDAY Afternoon – Choose One</p>		<p>✓ chosen activity</p>	
	<p>Sound, Rhythm and Music</p> <p>Do you have a passion for music and want to explore the world of rhythm? Then this is perfect for you!! Learn about rhythm, play different instruments, sing and have lots of fun!</p> <p>Goals to achieve:</p>		<p>No Cost</p>
	<p> Improve emotional health & wellbeing</p>	<p> Sensory Experience/Exploration</p>	
	<p>Creative Souls</p> <p>Create, Create, Create! Try new and exciting creative ideas to make masterpieces to display in your house!</p> <p>Goals to achieve:</p>		<p>\$7</p>
	<p> Sensory Experience/Exploration</p>	<p> Improve emotional health & wellbeing</p>	

OR – choose one All Day activity below

TUESDAY All Day Outing – Choose One

✓
chosen activity



**Moreton Bay Escape
– Grill & Chill**

Join us for a full day of fun, food and relaxation by the beautiful Moreton Bay! We'll fire up the BBQ with juicy burgers, sizzling sausages and anything else we can throw on the grill.

Enjoy the beautiful Autumn weather and make the most of a laid-back day filled with great company, good vibes and delicious food!

\$7

Goals to achieve:



Develop social skills & understanding












Integrate/Participate in the local community



Improve emotional health & wellbeing

Wednesday Activities

WEDNESDAY Morning – Choose One			 chosen activity
	<h2>Indoor Sports</h2> <p>Get Active and Have Fun playing Tennis or Basket Ball with and against friends and staff. Serve and Rally, Score some hoops – Game, Set, Match!</p> <p>Goals to achieve:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Build independence </div> <div style="text-align: center;">  Improve physical health & wellbeing </div> <div style="text-align: center;">  Adventure & Recreation Experience/Exploration </div> </div>	\$5	
	<h2>World Facts & Social Skills</h2> <p>Get ready for a fun and engaging activity where we explore fascinating facts about the world, while building important Social Skills. From Geography and History to unique cultures and interesting facts that spark curiosity and conversations, offering social interaction, team work, with a great way to learn something new, boost confidence while having a great time!</p> <p>Goals to achieve:</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Adventure & Recreation Experience /Exploration </div> <div style="text-align: center;">  Improve communication skills </div> <div style="text-align: center;">  Develop social skills and understanding </div> </div>	No Cost	

AND

WEDNESDAY Afternoon – Choose One

✓
chosen activity



Relax & Pamper

Learn the different relaxation techniques with calming music and some pampering. Oh what pretty nails you'll have!!

No Cost

Goals to achieve:



Improve physical health & wellbeing



Develop social skills & understanding



Improve fine motor skills



Movies In

Chillout Time - choose a DVD or Netflix Movie to watch then discuss the movie, what was the best bit what could have been better?

No Cost

Goals to achieve:



Develop social skills & understanding



Improve emotional health & wellbeing



Explore creative pursuits

OR – choose one All Day activity below

WEDNESDAY All Day Outing – Choose One

✓
chosen activity



**All Creatures Great & Small
- A wildlife Adventure**

Spend the day meeting amazing animals at some of the best wildlife spots.

We'll feed friendly deer's, see alpacas, Llamas and more. Get up close and personal with horses, goats and other farm yard favorites. Watch fish and Turtles and see butterflies and more.

A fun filled day of hands-on experiences, scenic locations and unforgettable animal encounters!

\$9
Plus
Bring or Buy Lunch

Goals to achieve:



Develop social skills & understanding











Integrate/Participate in the local community
























Improve emotional health & wellbeing













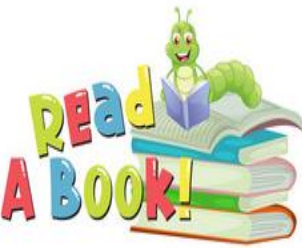









Thursday Activities

THURSDAY All Day Outing – Choose One			✓ chosen activity
	<p>Sailing</p> <p>Enjoy a day out in the sunshine on the beautiful ocean. Learn to sail and feel the fresh sea breeze on your face. Bring your own lunch or buy something yummy to enjoy be the seaside.</p> <p>Goals to achieve:</p> <ul style="list-style-type: none">  Adventure & Recreation Experience/Exploration  Integrate/Participate in the local community  Develop social skills & understanding 	<p>Bring or Buy lunch</p>	
	<p>Dolphins Leagues Club</p> <p>Get dressed up and enjoy a day out at the Dolphins Leagues Club. Enjoy the live music and have a dance with friends and staff then enjoy a yummy lunch.</p> <p>Goals to achieve:</p> <ul style="list-style-type: none">  Develop social skills & understanding  Integrate/Participate in the local community  Improve emotional health & wellbeing 	<p>Own Money for Lunch \$\$\$</p>	

Friday Activities

FRIDAY Morning – Choose One			 chosen activity			
	<p>Coca Art</p> <p>Express yourself over a 12-week program experimenting with paints creativity and design. Once you have finished your activity, we will store your work of art in your own personal portfolio.</p> <p>Goals to achieve:</p> <table border="1" data-bbox="478 869 1270 1008"> <tr> <td data-bbox="478 869 715 1008">  Explore creative pursuits </td> <td data-bbox="715 869 986 1008">  Improve fine motor skills </td> <td data-bbox="986 869 1270 1008">  Sensory Experience/Exploration </td> </tr> </table>	 Explore creative pursuits	 Improve fine motor skills	 Sensory Experience/Exploration	\$7	
 Explore creative pursuits	 Improve fine motor skills	 Sensory Experience/Exploration				
	<p>Ten Pin Bowling</p> <p>Strike or Spare! See how many pins you can knock down while cheering on your peers.</p> <p>Goals to achieve:</p> <table border="1" data-bbox="478 1400 1270 1538"> <tr> <td data-bbox="478 1400 715 1538">  Integrate/Participate in the local community </td> <td data-bbox="715 1400 986 1538">  Improve physical health & wellbeing </td> <td data-bbox="986 1400 1270 1538">  Develop social skills & understanding </td> </tr> </table>	 Integrate/Participate in the local community	 Improve physical health & wellbeing	 Develop social skills & understanding	\$8	
 Integrate/Participate in the local community	 Improve physical health & wellbeing	 Develop social skills & understanding				

AND

FRIDAY Afternoon – Choose One			 chosen activity			
 	<h3 style="margin: 0;">Board Games & Puzzles</h3> <p style="margin: 10px 0;">Join your friends in solving challenges together with crossword puzzles, riddles, hangman, Scrabble, Jenga, Bingo and More Have a fun filled afternoon with friends!</p> <p style="margin: 10px 0;">Goals to achieve:</p> <table border="1" style="width: 100%; border-collapse: collapse; margin: 0;"> <tr> <td style="text-align: center; padding: 5px;">  Develop numeracy and literacy skills </td> <td style="text-align: center; padding: 5px;">  Improve emotional health & wellbeing </td> <td style="text-align: center; padding: 5px;">  Develop social skills and understanding </td> </tr> </table>	 Develop numeracy and literacy skills	 Improve emotional health & wellbeing	 Develop social skills and understanding	No Cost	
 Develop numeracy and literacy skills	 Improve emotional health & wellbeing	 Develop social skills and understanding				
	<h3 style="margin: 0;">Book Worms</h3> <p style="margin: 10px 0;">Have a chill afternoon visiting the local library's in our community. Read a book and flick through a magazine in air-conditioned comfort.</p> <p style="margin: 10px 0;">Goals to achieve:</p> <table border="1" style="width: 100%; border-collapse: collapse; margin: 0;"> <tr> <td style="text-align: center; padding: 5px;">  Improve emotional health & wellbeing </td> <td style="text-align: center; padding: 5px;">  Integrate/Participate in the local community </td> <td style="text-align: center; padding: 5px;">  Develop numeracy and literacy skills </td> </tr> </table>	 Improve emotional health & wellbeing	 Integrate/Participate in the local community	 Develop numeracy and literacy skills	No Cost	
 Improve emotional health & wellbeing	 Integrate/Participate in the local community	 Develop numeracy and literacy skills				

2025 Old Petrie Town Hub Program Dates

Office Opens 6th January 2025

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HUB is closed on public holidays

Program 1		
	Start Date	End Date
Activity Program	Monday 6 January	Friday 28 March
Hub Closed	Australia Day, Monday 27 January	

Program 2		
	Start Date	End Date
Activity Program	Monday 31 March	Friday 20 June
Hub Closed	Good Friday 18 April Easter Monday 21 April Anzac Day Friday 25 April Labour Day Monday 5 May	

Showcase week 1		
	Start Date	End Date
Showcase Program	Monday 23 June	Friday 27 June

Program 3		
	Start Date	End Date
Activity Program	Monday 30 June	Friday 19 September
Hub Closed	EKKA Show Day, Monday 11 August	

Program 4		
	Start Date	End Date
Activity Program	Monday 22 September	Friday 12 December
Hub Closed	King's Birthday, Monday 6 October	

Showcase week 2		
	Start Date	End Date
Showcase Program	Monday 15 December	Friday 19 December
Hub Closed	Monday 22 December 2025 – Monday 5 January 2026	

