

**2026**

Robina

Activity Program 2 Catalogue



# 2026 Robina Activity Program 2 Catalogue

Welcome to our Hub Activity Program! We're pleased to have you join us at the Robina Hub and we hope you enjoy everything we have in store.

Our 12-week Hub programs are designed to provide structure, consistency and a strong focus on achieving meaningful outcomes. When selecting your activities, you will be signing up for and committing to the full 12-week program for each day you attend the Hub.

This approach gives you the opportunity to fully develop your skills, see your progress over time and work toward your goals with a sense of completion at the end of the program. It also helps you build stronger connections with other customers and experience more substantial benefits than one-off activities can offer.

At the end of each 12-week cycle, you'll have the chance to showcase your new skills during two dedicated showcase weeks held in July and December. These weeks give you the opportunity to participate in a one-off activity that highlights your achievements or demonstrates the progress you've made.

## How it works

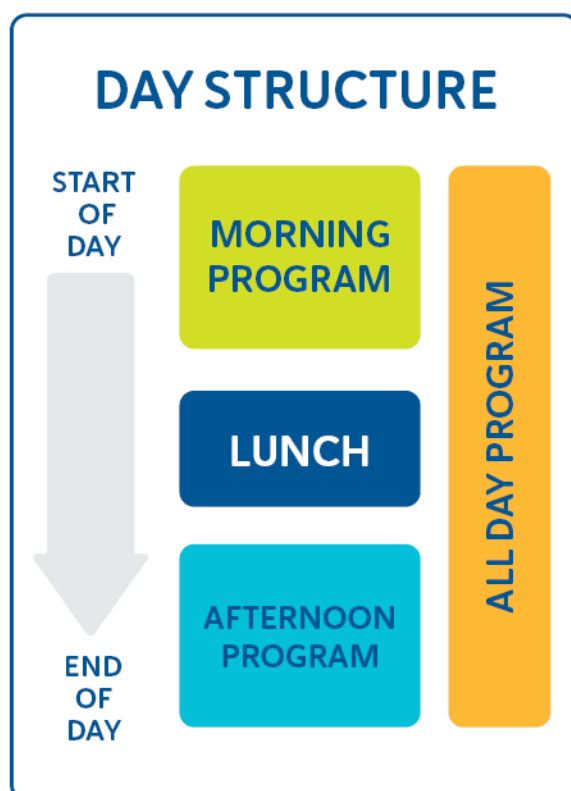
**1** For each day you attend the Hub, choose one activity for the morning and one activity for the afternoon, or a full day activity where available. As you are committing to that specific activity for 12 weeks (ie. Sailing every Monday, cooking every Tuesday morning and games every Tuesday afternoon), please make sure the activities you choose are ones that align well with your NDIS goals, or are activities you are passionate about.

**2** Tick the program you wish to be registered into as outlined below and either phone through your choices to **Holly Weinbrecht** or return it to **Robina Hub** or **Holly.Weinbrecht@multicap.org.au** or **Michael.Newton@multicap.org.au** by **06/03/2026**.

**3** Program allocation is based on first-come, first served; so, make sure you get your selections in fast! If you need help to complete the form, please call us **0492 890 473**.

**4** A confirmation letter will be sent to you with the activities you are participating in.

**5** If your chosen activity is at capacity, we will phone you and see if you would like to be placed in an alternative activity or increase your level of support to be able to participate. We are unable to permit changes to your activity program once confirmed due to group-based scheduling. If you do not wish to participate in an activity you have selected, please contact **0492 890 473**.
















# Hub Activity Program Goal Reference Guide

To help identify which options best support your individual goals, we have added icons under each one.


These icons show the core goals that each option is designed to help you achieve. Up to three icons may appear, highlighting the primary goals most closely linked to that option, though it may support additional goals as well.


If you're unsure what a particular icon represents, please refer to the list below to match each icon with its related goal.

 <p>Improve physical health &amp; wellbeing</p>	 <p>Improve emotional health &amp; wellbeing</p>	 <p>Develop social skills &amp; understanding</p>
 <p>Build independence</p>	 <p>Improve fine motor skills</p>	 <p>Explore creative pursuits</p>
 <p>Sensory Experience/ Exploration</p>	 <p>Adventure &amp; Recreation Experience /Exploration</p>	 <p>Improve communication skills</p>
 <p>Integrate/ Participate in the local community</p>	 <p>Develop skills to support future employment</p>	 <p>Develop advocacy skills &amp; understanding</p>
 <p>Develop numeracy and literacy skills</p>		



# Monday Activities

Morning			Chosen activity
	<p><b>Café Surfing</b></p> <p>Members will choose as a group a café to attend for morning tea. Staff will encourage members to select appropriate food choices and using social etiquette to order what they have chosen. helping where required.</p> <p>Members will be required to bring personal funds for morning tea.</p> <p>*Shared kilometer charges for transport</p> <p><b>Goals to achieve:</b></p>		
	<p><b>Goal #1</b> Health and Wellbeing</p>	<p><b>Goal #2</b> Building Friendships</p>	

Afternoon			Chosen activity
	<p><b>Barefoot Bowls</b></p> <p>Members will learn the art of lawn bowls, at Club Robina each Monday afternoon.</p> <p>*Shared kilometer charges for transport</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> \$10</p>	
	<p><b>Goal #1</b> Health and Wellbeing</p>	<p><b>Goal #2</b> Community Access</p>	



Chosen activity

All Day



### Park Explorer

Members choose a different park each week, finding and walking through some of our most beautiful local parks, stopping for a picnic lunch, before exploring again in the afternoon. This is a great opportunity to get more steps in the day!

- \*Bring or buy lunch
- \*Shared kilometer charges for transport
- \*Packed lunch required

#### Goals to achieve:



**Goal #1**  
Community  
Access








**Goal #2**  
Health and  
Wellbeing








**Goal #3**  
Fitness

**Cost:**  
Free

# Tuesday Activities

Morning			 Chosen activity
	<p><b>Op Shopping</b></p> <p>One man's trash is another man's treasure, and we are bound to find some treasures hidden in the op shops we explore.</p> <p>*Shared kilometer charges for transport</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> Personal expenses</p>	
 <b>Goal #1</b> Capacity Building	 <b>Goal #2</b> Cash handling	 <b>Goal #3</b> Community Access	

Afternoon			 Chosen activity
	<p><b>Beach Explorers</b></p> <p>Each week we will head to a different beach of the Gold Coast and explore the surrounds. From feeling the water lap our toes, to the sand on beach and the facilities that are on offer at these beaches, we will be certain everyone has a great day</p> <p>*Shared kilometer charges for transport</p> <p>*Packed lunch required</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> Free</p>	
 <b>Goal #1</b> Community Access	 <b>Goal #2</b> Health and Wellbeing	 <b>Goal #3</b> Fitness	



Chosen activity

All Day



### Currumbin Wildlife Sanctuary Volunteer

Whether it be assisting Wildlife keepers in the Sanctuary, providing a warm and memorable guest experience welcoming guests visiting the kangaroo paddock, assisting with hosting our spectacular nighttime Astra Lumina attraction or preparing blankets ready for injured wildlife bought into the Wildlife Hospital.

\*Weather permitted

\*Bring or buy lunch

**Goals to achieve:**



**Goal #1**  
Community Access







**Goal #2**  
Volunteering







**Goal #3**  
Building Friendships

**Cost:**  
\$45 once off fee.

# Wednesday Activities

Morning			✓ Chosen activity
	<p><b>Inclusive Zumba</b></p> <p>Robina Make new friends, break out of your comfort zone and explore your independence in this fun high energy dance class. Learn some sweet moves and become part of our growing dance family at the Robina Community Centre. All abilities are welcome.</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> \$12</p>	
	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p><b>Goal #1</b> Fitness</p> </div> <div style="text-align: center;">  <p><b>Goal #2</b> Health and Wellbeing</p> </div> <div style="text-align: center;">  <p><b>Goal #3</b> Building Friendships</p> </div> </div>		

Afternoon			✓ Chosen activity
	<p><b>Cycling Without Age</b></p> <p>The essence of "Cycling Without Age" is to offer bike rides to the elderly and people with disability using special adaptive bikes called trishaws, manned by volunteer pilots.</p> <p>By offering these rides, we ensure people with disability and the elderly stay socially engaged, remain a part of their community, and experience the simple joy of feeling the wind in their hair.</p> <p>*Shared kilometer charges for transport</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> Free</p>	
	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p><b>Goal #1</b> Fitness</p> </div> <div style="text-align: center;">  <p><b>Goal #2</b> Health and Wellbeing</p> </div> <div style="text-align: center;">  <p><b>Goal #3</b> Community Access</p> </div> </div>		



Chosen activity

All Day



### Fishing

Members will be able to go to various places around the Gold Coast, and will learn the art of fishing, from threading the line, to baiting a hook and catching and reeling the fish

\*Shared kilometer charges for transport

#### Goals to achieve:



**Goal #1**  
Skill Building






**Goal #2**  
Building Friendships






**Goal #3**  
Community Access

**Cost:**  
Free

# Thursday Activities

Morning			✓ Chosen activity
	<p><b>Book Club</b></p> <p>Visiting the local library at Robina, signing up for a membership, selecting an appropriate book, reading through.</p> <p>Afterwards, members find somewhere nice and cozy for morning tea to discuss their selected books.</p> <p>*Shared kilometer charges for transport</p> <p>*Packed lunch or funds to purchase</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> Free</p>	
	<p> <b>Goal #1</b> Community Access</p>	<p> <b>Goal #2</b> Life skills</p>	

Afternoon			✓ Chosen activity
	<p><b>Baking</b></p> <p>Planning something to bake, heading down to the local supermarket, purchasing ingredients, heading back to the hub to go through steps to bake a delicious treat.</p> <p>*Shared kilometer charges for transport</p> <p>*Funds for ingredients*</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> \$20</p>	
	<p> <b>Goal #1</b> Capacity Building</p>	<p> <b>Goal #2</b> Community Access</p>	



Chosen activity

All Day



### Movies and Lunch

Attending local cinema (Robina), selecting a movie, learning cash handling skills, and sitting back, relaxing and watching a new favourite film.

- \*Shared kilometer charges for transport
- \*Please bring money along for shopping
- \*Companion Card – Required

#### Goals to achieve:



**Goal #1**  
Capacity Building






**Goal #2**  
Building Friendships






**Goal #3**  
Community Access

**Cost:** \$  
for  
movie

# Friday Activities

Morning			Chosen activity
	<p><b>Café Surfing</b></p> <p>Member will choose as a group a café to attend for morning tea. staff will encourage members to choose from the menu and order their Meals, helping where required.</p> <p>Members will be required to bring personal funds for morning tea.</p> <p>*Shared kilometer charges for transport*</p> <p>*Funds for morning tea*</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> \$ for morning tea</p>	
	<p> <b>Goal #1</b> Capacity Building</p>	<p> <b>Goal #2</b> Building Friendships</p>	

Afternoon			Chosen activity
	<p><b>Historic River Mill</b></p> <p>Members will attend the Historic River mill, feed the turtles, llamas, alpacas, cows, chickens and pigs and have lunch together.</p> <p>*Shared kilometer charges for transport</p> <p>*Funds for morning tea</p> <p><b>Goals to achieve:</b></p>	<p><b>Cost:</b> \$2.00</p>	
	<p> <b>Goal #1</b> Volunteering</p>	<p> <b>Goal #2</b> Community Access</p>	



Chosen activity

All Day



### Theme Park Adventurers

Each week we will head to a different theme park and experience all that they have on offer.

\*Bring or buy lunch\*

\*Shared kilometers charges for transport\*

**Goals to achieve:**



**Goal #1**  
Community  
Access



**Goal #2**  
Building  
Friendships



**Goal #3**  
Social

**Cost:**

Village  
Roadshow Pass

# 2026 Robina Program Dates

Office Opens 2<sup>nd</sup> January 2026 Hub closed on public holidays

Program 1		
	Start Date	End Date
Activity Program	Monday 5 <sup>th</sup> January 2026	Friday 27 <sup>th</sup> March 2026
Hub Closed	Monday 26 <sup>th</sup> January 2026 – Australia Day	

Program 2		
	Start Date	End Date
Activity Program	Monday 30 <sup>th</sup> March 2026	Friday 19 <sup>th</sup> June 2026
Hub Closed	Friday 3 <sup>rd</sup> April 2026 – Good Friday Monday 6 <sup>th</sup> April 2026 – Easter Monday Friday 25 <sup>th</sup> April – Anzac Day Monday 2 <sup>nd</sup> May 2026 – Labour Day	

Showcase week 1		
	Start Date	End Date
Showcase Program	Monday 22 <sup>nd</sup> June 2026	Friday 26 <sup>th</sup> June 2026

Program 3		
	Start Date	End Date
Activity Program	Monday 29 <sup>th</sup> June 2026	Friday 18 <sup>th</sup> September 2026
Hub Closed	12 <sup>th</sup> August 2026 Ekka Show Day (Brisbane Region)	

Program 4		
	Start Date	End Date
Activity Program	Monday 21 <sup>st</sup> September	Friday 11 <sup>th</sup> December
Hub Closed	Monday 5 <sup>th</sup> October 2026 – Kings Birthday	

Showcase week 2		
	Start Date	End Date
Showcase Program	Monday 14 <sup>th</sup> December	Friday 18 <sup>th</sup> December
Hub Closed	Monday 21 <sup>st</sup> December 2026 – Sunday 3 <sup>rd</sup> January 2027	