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2027
Old Petrie Town Activity Program 1 Catalogue



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Welcome to our Hub Activity Program! We're pleased to have you join us at the Old Petrie Town and we hope you enjoy everything we have in store.

Our 12-week Hub programs are designed to provide structure, consistency and a strong focus on achieving meaningful outcomes. When selecting your activities, you will be signing up for and committing to the full 12-week program for each day you attend the Hub.

This approach gives you the opportunity to fully develop your skills, see your progress over time and work toward your goals with a sense of completion at the end of the program. It also helps you build stronger connections with other customers and experience more substantial benefits than one-off activities can offer.

At the end of each 12-week cycle, you'll have the chance to showcase your new skills during two dedicated showcase weeks held in July and December. These weeks give you the opportunity to participate in a one-off activity that highlights your achievements or demonstrates the progress you've made.

How it works

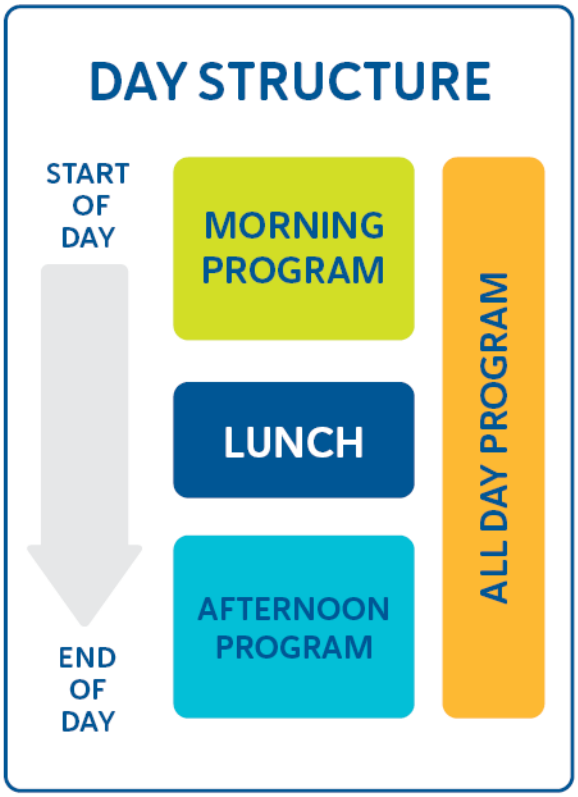
1. For each day you attend the Hub, choose one activity for the morning and one activity for the afternoon, or a full day activity where available. As you are committing to that specific activity for 12 weeks (ie. Sailing every Monday, cooking every Tuesday morning and games every Tuesday afternoon), please make sure the activities you choose are ones that align well with your NDIS goals, or are activities you are passionate about.

2. Tick the program you wish to be registered into as outlined below and either phone through your choices to Leanne Hilton, Manager or return it to OPT Hub or leanne.hilton@multicap.org.au or by 20/11/2026

3. Program allocation is based on first-come, first served; so, make sure you get your selections in fast! If you need help to complete the form, please call us on 0423 044 848.

4. A confirmation letter will be sent to you with the activities you are participating in.

5. If your chosen activity is at capacity, we will phone you and see if you would like to be placed in an alternative activity or increase your level of support to be able to participate. We are unable to permit changes to your activity program once confirmed due to group-based scheduling. If you do not wish to participate in an activity you have selected, please contact 0423 044 848.



Hub Activity Program Goal Reference Guide

To help identify which options best support your individual goals, we have added icons under each one.

These icons show the core goals that each option is designed to help you achieve. Up to three icons may appear, highlighting the primary goals most closely linked to that option, though it may support additional goals as well.

If you're unsure what a particular icon represents, please refer to the list below to match each icon with its related goal.

Improve physical health & wellbeing	Improve emotional health & wellbeing	Develop social skills & understanding
Build independence	Improve fine motor skills	Explore creative pursuits
Sensory Experience/ Exploration	Adventure & Recreation Experience /Exploration	Improve communication skills
Integrate/ Participate in the local community	Develop skills to support future employment	Develop advocacy skills & understanding
Develop numeracy and literacy skills		



Monday Activities

Morning				Cost	Tick one
	**TEN PIN BOWLING** • Travel to Strathpine shopping centre • Register and pay for your game • Play and cheer on your friends • Travel safely back to HUB **Goals to achieve:**			$8.50	☐
	Goal 1	Goal 2	Goal 3		
	**CREATIVE EXPRESSION** • Join the talented Monica in the HUB • Be inspired to create wonderful, expressive artwork • Enjoy the calm, productive atmosphere **Goals to achieve:**			$10.00	☐
	Goal 1	Goal 2	Goal 3		

Afternoon				Cost	Tick one
	**PAMPER AND RELAX** • A relaxing way to end the day • Enjoy a hand massage or foot spa • Pick out your favourite nail polish **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		
OP SHOPS AUSTRALIA	**OP SHOPPING** • Travel to various OP Shops within the region • Learn budgeting skills • Find some great deals **Goals to achieve:**			$$$ Own Money for Drink	☐
	Goal 1	Goal 2	Goal 3		

All Day		Cost	Tick one
	**BBQ ADVENTURES** • Travel to different locations e.g. beach, parks • Help, purchase, prepare and cook your BBQ lunch • Enjoy the outdoors with friends **Goals to achieve:** **Goal 1** | **Goal 2** | **Goal 3**	$7.00	☐

Tuesday Activities

Morning				Cost	Tick one
	**CAFÉ SURFING** • Travel around the local community • Enjoy a lovely hot or cold drink with your friends • Learn how to budget and enjoy a chat **Goals to achieve:**			$$$ Own Money for shopping	☐
	Goal 1	Goal 2	Goal 3		
	**CHAIR EXERCISE** • Low Impact Exercise • Great for any level of fitness • Stretch and get fit with friends **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		

Afternoon				Cost	Tick one
	**UPCYCLING / TEXTILES** • Build fine motor skills and hand-eye coordination. • Encourage creativity, independence and self-expression. • Reuse old clothes and fabrics to create something new. • Adapted activities to suit everyone's abilities and interests. **Goals to achieve:**			$5.00	☐
	Goal 1	Goal 2	Goal 3		
	**GYM** • Travel to a local Gym • Work out safely with friends and staff • Improve your fitness and wellbeing **Goals to achieve:**			$9.00	☐
	Goal 1	Goal 2	Goal 3		

All Day				Cost	Tick one
	**MUSIC BINGO** • Travel to Norths Leagues Club Kallangur • Have Fun playing Music Bingo • Then eat lunch at their restaurant with Friends **Goals to achieve:**			Bring or Buy Lunch	☐
	Goal 1	Goal 2	Goal 3		

Wednesday Activities

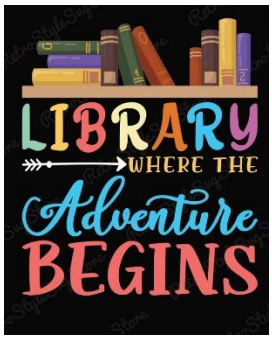
Morning				Cost	Tick one
	**LIFE SKILLS** • Travel to local Grocery stores • Learn to navigate the shopping Centre • Improve money handling skills • Practice scanning, packing and paying **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		
	**LET'S COOK** • Learn Meal Preparation • Follow a different Recipe each week • Make delicious food to eat with your Friends *** DO NOT BRING OWN LUNCH THIS DAY *** **Goals to achieve:**			$10.00	☐
	Goal 1	Goal 2	Goal 3		

Afternoon				Cost	Tick one
	**RHYTHM & MELODY** • Spend the afternoon at HUB • Feel the beat and rhythm of the music • Enjoy the songs and time with friends **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		
	**TRAMPOLINING** • Travel to local Trampolining venue • Enjoying jumping and moving on the trampolines • Get fit while having fun! **Goals to achieve:**			$10.00	☐
	Goal 1	Goal 2	Goal 3		

All Day		Cost	Tick one
	**POTTERY** • Travel to Woonara for a fun day with Monica • Explore the art of clay and see what your imagination can create • Learn skills to form clay objects with your hands ***** MAX 3 CUSTOMERS ***** **Goals to achieve:** Goal 1 | Goal 2 | Goal 3	$15.00	☐

Thursday Activities

Morning				Cost	Tick one
	**FUN WITH READING & WRITING** • Hands-on activities to make reading and writing fun • Build literacy skills through play and daily experiences • **Goals to achieve:**			$10 one off Cost	☐
	Goal 1	Goal 2	Goal 3		
Putt Putt	**PUTT-PUTT GOLF** • Travel to local Putt-Putt Golf venues • Test your skills and accuracy • Register and keep score **Goals to achieve:**			$10.00	☐
	Goal 1	Goal 2	Goal 3		

Afternoon				Cost	Tick one
	**PAINT BY NUMBERS** • Explore your artistic side • Pick a picture that sings to your soul • Relax and follow the instructions to create your masterpiece **Goals to achieve:**			$5.00	☐
	Goal 1	Goal 2	Goal 3		
	**BOOKWORMS** • Visit the local library's in our community • Read a book, flick through a magazine, look at DVD's and CD's in air-conditioned comfort **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		

All Day				Cost	Tick one
	DOLPHINS LEAGUES CLUB • Travel to Redcliffe Dolphins Leagues Club • Order and enjoy lunch with friends • Dance the day away to live music **Goals to achieve:**			$$$ Bring or Buy Lunch	☐
	 **Goal 1**	 **Goal 2**	 **Goal 3**		

Friday Activities

Morning				Cost	Tick one
	**COCA ART** • Travel to Woonara for Art with Monica • Be inspired, creative and express yourself • Make beautiful Artworks **Goals to achieve:**			$7.00	☐
	Goal 1	Goal 2	Goal 3		
	**PUZZLES & GAMES** • Challenge yourself against your mates • Enjoy playing cards, board games and dice games • Work on a puzzle • Strategize, take turns, follow rules and have FUN! **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		

Afternoon				Cost	Tick one
	**MOVIE MARATHON** • Relax with your friends at the hub • Take turns to choose Movies to watch • Each week see a different Movie **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		
	**KARAOKE** • Stay at the Hub & sing your heart out • Choose your favorite songs from the juke box • Or watch the music video to sign & dance along too **Goals to achieve:**			No Cost	☐
	Goal 1	Goal 2	Goal 3		

All Day		Cost	Tick one
	**BOWLING AT ASPLEY** • Travel to Aspley Bowling Centre • Play one game with your friends • Have lunch out • After lunch take a walk in the park or stop at a library **Goals to achieve:** **Goal 1** **Goal 2** **Goal 3**	$8.50 Bring or Buy Lunch	☐

2027 Old Petrie Town Program Dates

Office opens 4 January 2027 Hub closed on Public Holidays

Program 1		
	Start Date	**End Date**
Activity Program	Monday 4th January	Friday 26th March

Program 2		
	Start Date	**End Date**
Activity Program	Monday 29th March	Friday 18th June

Showcase week 1		
	Start Date	**End Date**
Showcase Program	Monday 21st June	Friday 25th June

Program 3		
	Start Date	**End Date**
Activity Program	Monday 28th June	Friday 17th September

Program 4		
	Start Date	**End Date**
Activity Program	Monday 20th September	Friday 10th December

Showcase week 2		
	Start Date	**End Date**
Showcase Program	Monday 13th December	Friday 17th December
Hub Closed	Saturday 18th December 2026 – Sunday 2nd January 2027	